



LSAA Track & Field Records

Tyro Boys

EVENT	NAME	SCHOOL	YEAR	RECORD
100M	Drew Molde	HE Bourgoin	2016	14.20 secs
200M	Drew Molde	HE Bourgoin	2016	30.02 secs
100M Hurdles	Matt Bouliane	RA Reynolds	2006	15.62 secs
400M	Drew Molde	HE Bourgoin	2016	1.10.53 secs
800M	Braiden Johannesson	Dr. Brosseau	2016	2.45.41 secs
1500M	Braiden Johannesson	Dr. Brosseau	2016	5.24.00 secs
4 x 100M Relay	Nolan, Stanley,Cian, Carter	Nelson Heights	2025	1.04.50 secs
High Jump	Jeff G	Iron River	2000	1.29 M (Tie)
	Frank Mulumba	Nelson Heights	2013	1.29 M (Tie)
	Marcus Thom-Burse	Aurora	2025	1.29 M (Tie)
Long Jump	Scott Cheyene	Nelson Heights	2004	4.03 M
Triple Jump	Corwin Schieck	Aurora	2015	8.16 M
Standing Long Jump	Beau Sylvestre	Beaux-Lacs	2023	2.07 M
Discus	Wyatt Cook	Nelson Heights	2014	21.66 M
Shot Put	Justin Barney	Nelson Heights	2008	9.91 M
Javelin	Luc Manseau	École Voyageur	2025	20.60 M

*Standing long jump replaced Triple Jump in 2023 (Tyro and Novice categories)



LSAA Track & Field Records

Tyro Girls

EVENT	NAME	SCHOOL	YEAR	RECORD
100M	Angelyn Stanley	Dr. Brosseau	2016	14.48 secs
200M	Angelyn Stanley	Dr. Brosseau	2016	30.35 secs
80M Hurdles	Chloe Gauthier-Shaub	Aurora	2016	13.59 secs
400M	Angelyn Stanley	Dr. Brosseau	2016	1.14.53 secs
800M	Emma York	Nelson Heights	2023	2.52.90 secs
1500M	Emma York	Nelson Heights	2023	5.52.70 secs
4 x 100M Relay		Ecole Voyageur	2018	1.03.77 secs
High Jump	Brooklyn Legge	Dr. Brosseau	2016	1.28 M (Tie)
	Isabelle Hamel	Ecole Voyageur	2018	1.28 M (Tie)
Long Jump	Ireland Munroe	CLMS	2019	3.89 M
Triple Jump	Jordan Woloshyn	CLMS	2014	7.85 M
Standing Long Jump	Micha Dela Cruz	Dr. Brosseau	2025	2.02 M
Discus	Amanda Cardamone	Dr. Brosseau	2003	16.88 M
Shot Put	Isabelle Hamel	Ecole Voyageur	2018	8.41 M
Javelin	Sophie Choquet	Beaux-Lacs	2023	15.98 M

*Standing long jump replaced Triple Jump in 2023 (Tyro and Novice categories)



LSAA Track & Field Records

Novice Boys

EVENT	NAME	SCHOOL	YEAR	RECORD
100M	Matt Bouliane	RA Reynolds	2007	13.40 secs
200M	Matt Bouliane	RA Reynolds	2007	28.00 secs
100M Hurdles	Matt Bouliane	RA Reynolds	2007	15.37 secs
400M	Sam Stringer	Nelson Heights	2018	1.06.43 secs
800M	Ethan Blakie	Trinity	2018	2.38.02 secs
1500M	Braiden Johannesson	Dr. Brosseau	2017	5.25.00 secs
4 x 100M Relay		CLMS	2018	58.89 secs
High Jump	Lance Hurley	Nelson Heights	1999	1.38 M (Tie)
	Cash Caouette	HE Bourgoin	2022	1.38 M (Tie)
Long Jump	Rhys Lianos	Holt Cross	2025	4.67 M
Standing Long Jump	Jay Holthe	St. Dominic	2023	2.12 M (Tie)
	Beau Sylvestre	Beaux-Lacs	2024	2.12 M (Tie)
Triple Jump	Ryan Dinn	Dr. Brosseau	2005	9.14 M
Discus	Duncan Critch	Ardmore	2016	25.37 M
Shot Put	Duncan Critch	Ardmore	2016	11.30 M
Javelin	Knox Stoyles	H.E. Bourgoin	2025	25.86 M

*Standing long jump replaced Triple Jump in 2023 (Tyro and Novice categories)



LSAA Track & Field Records

Novice Girls

EVENT	NAME	SCHOOL	YEAR	RECORD
100M	Morgan Clark	CLMS	2018	14.36 secs
200M	Morgan Clark	CLMS	2018	29.74 secs
80M Hurdles	Mackenzie Miller	HE Bourgoin	2014	13.20 secs
400M	Isla Allen-McNicoll	NHS	2024	1.07.20 secs
800M	Ainsley Stasuik	St. Dominic	2019	2.47.22 secs
1500M	Alice Roy	École Voyageur	2019	5.47.77 secs
4 x 100M Relay	Devyn, Julia, Christine, Juliana	Dr. Brosseau	2025	0.59.70 secs
High Jump	Aynsley McCreary	HE Bourgoin	2000	1.44 M
Long Jump	Laileah Barthel	St. Dominic	2019	4.01 M (tie)
Long Jump	Brooklynn Hachey	NHS	2023	4.01 M (tie)
Triple Jump	Kennedy Carter	HE Bourgoin	2018	8.53 M
Standing Long Jump	Charlotte Cantwell	St. Dominic	2025	2.13 M
Discus	Sarah Depner	Dr. Brosseau	2019	20.26 M
Shot Put	Tialandis Guinand	Ecole Beausejour	2015	8.74 M
Javelin	Addison Houle	HE Bourgoin	2022	18.14 M

*Standing long jump replaced Triple Jump in 2023 (Tyro and Novice categories)



LSAA Track & Field Records

Junior Boys

EVENT	NAME	SCHOOL	YEAR	RECORD
100M	Sam Penny	RA Reynolds	2000	12.50 secs
200M	Houston Babb	Iron River	2019	26.54 secs
100M Hurdles	Simon Radke	Assumption	2015	13.64 secs
400M	Brodie Gamble	HE Bourgoin	2015	1.01.80 secs
800M	Ethan Amyotte	Beaux-Lacs	2019	2.25.60 secs
1500M	Jack Nichol	Nelson Heights	2019	5.09.33 secs
4 x 100M Relay		CLMS	2019	50.58 secs
High Jump	Kyle Slipchuk	Iron River	2003	1.57 M
Long Jump	Houston Babb	Iron River	2019	4.86 M
Triple Jump	William Porter	HE Bourgoin	2018	10.29 M
Discus	Will Hewitt	RA Reynolds	2009	33.40 M
Shot Put	Duncan Critch	Ardmore	2017	13.70 M
Javelin	Matthieu Menard	Beaux-Lacs	2022	29.08 M



LSAA Track & Field Records

Junior Girls

EVENT	NAME	SCHOOL	YEAR	RECORD
100M	Ava Johnson	GCMS	1997	13.44 secs
200M	Angelyn Stanley	Dr. Brosseau	2018	28.59 secs
80M Hurdles	Emilee Gauthier	Ecole Beausejour	2015	12.21 secs
400M	Isla Allen-McNicoll	Assumption	2025	1.05.01 secs
800M	Jessica Walsh	Nelson Heights	2019	2.38.87 secs
1500M	Jessica Walsh	Nelson Heights	2019	5.40.74 secs
4 x 100M Relay		Assumption	2014	58.50 secs
High Jump	Darci Mutch	Ardmore	2009	1.53 M
Long Jump	Kennedy Carter	HE Bourgoin	2019	4.59 M
Triple Jump	Jordan Woloshyn	CLMS	2016	9.93 M
Discus	Amanda Mawanay	Dr Swift	1999	25.68 M
Shot Put	Kim Scott	Nelson Heights	1988	10.35 M
Javelin	Rachelle Masuba	Aurora	2023	20.83 M



LSAA Track & Field Records

Intermediate Boys

EVENT	NAME	SCHOOL	YEAR	RECORD
100M	Patrick Benjamin	Assumption	1996	11.59 secs
200M	Patrick Benjamin	Assumption	1996	24.65 secs
100M Hurdles	Simon Radke	Assumption	2016	13.37 secs
400M	Brodie Gamble	HE Bourgoin	2016	58.21 secs
800M	Chris Matichuk	Notre Dame		2.19.30 secs
1500M	Isaak Watters	HE Bourgoin	2016	5.01.00 secs
4 x 100M Relay		HE Bourgoin	2018	49.94 secs
High Jump	Kevin Parker	Nelson Heights	1999	1.70 M
Long Jump	Kyle Arruejo	Assumption	2016	5.54 M
Triple Jump	Michael Pollard	Athabasca	1988	11.39 M
Discus	Steve Moore	GCJH	1992	36.30 M
Shot Put	Duncan Critch	Ardmore	2018	14.76 M
Javelin	Matthieu Menard	Beaux-Lacs	2023	31.08 M



LSAA Track & Field Records

Intermediate Girls

EVENT	NAME	SCHOOL	YEAR	RECORD
100M	Tessa Lay	Assumption	2007	13.24 secs
200M	Faith Oyenuga	Assumption	2018	27.68 secs
80M Hurdles	Jamie Toutant	Aurora	2018	11.84 secs
400M	Broolynn Hachey	Cold Lake Jr.	2025	1.06.5 secs
800M	Angela Trigger	GCJH	1981	2.29.00 secs
1500M	Jocelyn Alessio	Cold Lake Jr.	2025	5.33.40 secs
4 x 100M Relay	Emerson, Harper, Julie, Maggie	Dr. Brosseau	2025	56.80 secs
High Jump	Jennifer Cameron	Athabasca	1982	1.47 M (Tie)
	Faith Noble	Dr. Brosseau	2022	1.47 M (Tie)
Long Jump	Olivia Keller	Dr. Brosseau	2019	4.57 M
Triple Jump	Jordan Woloshyn	CLMS	2017	9.71 M
Discus	Sherry Ouellette	GCJH	1981	29.60 M
Shot Put	Deanna Prodahl	Notre Dame		10.90 M
Javelin	Jada Amyotte	Beaux-Lacs	2023	26.34 M



LSAA Track & Field Records

Senior Boys

EVENT	NAME	SCHOOL	YEAR	RECORD
100M	Neil Young	GCHS	2000	11.60 secs
200M	Rylan Cardinal	JAWS	2018	24.33 secs
100M Hurdles	Josh Fournier	CLJH	2024	13.90 secs
400M	Chris Matichuk	Notre Dame		51.30 secs
800M	Astin Hollingshead	CLHS	2019	2.17.30 secs
1500M	Danik Becotte	CLHS	2016	4.51.00 secs
4 x 100M Relay		Notre Dame	2019	47.80 secs
High Jump	Chad Cooley	GCHS	1999	1.75 M (Tie)
	Keith Mcleod	Nelson Heights	2005	1.75 M (Tie)
	Cash Caouette	NDHS	2025	1.75 M (Tie)
Long Jump	Terry Barton	GCJH	1993	5.91 M
Triple Jump	Terry Barton	GCJH	1993	12.09 M
Discus	Devon Kalinsky	Iron River	2005	43.17 M
Shot Put	Chris Kendall	Athabasca	1992	15.93 M
Javelin	Connor Woods	NDHS	2024	34.90 M



LSAA Track & Field Records

Senior Girls

EVENT	NAME	SCHOOL	YEAR	RECORD
100M	Nicole Gillett	Ardmore	2004	13.12 secs
200M	Nicole Gillett	Ardmore	2004	27.52 secs
80M Hurdles	Natalie Thompson	Notre Dame	2015	12.15 secs
400M	Danielle Antoniuk	Beaux-Lacs	2022	1.04.85 secs
800M	Michelle Lafranc	Fort Kent	1970	2.43.00 secs
1500M	Danielle Antoniuk	Beaux-Lacs	2022	5.29.2 secs
4 x 100M Relay		CLHS	2018	54.40 secs
High Jump	Natasha Bauman	Cold Lake High	2015	1.56 M
Long Jump	Isla Rose Henson	Home School	2019	4.63 M
Triple Jump	Natalie Thompson	Notre Dame	2015	10.47 M
Discus	Erikka Kumpula	JAWS	2025	26.94 M
Shot Put	Amanda Mawanay	JAWS	2000	11.10 M
Javelin	Gabrielle Lemay	Beauséjour	2024	25.94 M