



## Minutes

Thursday, September 14th, 2019

Location: JAWS in Lac La Biche

East	Central	West
Art Smith	Ardmore	Aurora Middle school
Assumption	BCHS	École Beauséjour
Cold Lake High School	Dr. Brosseau	Caslan - <b>ABS</b>
Cold Lake Middle School	École des Beaux-Lacs	École Ste-Catherine
École Voyageur	HEB	École Plamondon School
Elizabeth Settlement	Iron River – <b>ABS (excused)</b>	Kikino - <b>ABS</b>
Holy Cross	Notre Dame	JAWS
Le Goff – <b>ABS</b>	Frog Lake	Waskateanu - <b>ABS</b>
Nelson Heights		Light of Christ
St. Dominic		Amisk Community School
Trinity Christian School – <b>ABS (excused)</b>		

1	Call to order : 10:00am
2	<b>Motion to accept minutes:</b> Brandon (LOC) and Shayne (AJSHS)
3	<p><b>Additions to Agenda:</b> Items in new business</p> <ul style="list-style-type: none"> <li>- Basket Ball Officials</li> <li>- Media Relations</li> <li>- J.V. Volleyball</li> </ul>
4	<p><b>Introduction of the members:</b></p> <p>- Round table to present members, roles and form what schools they are from.</p>
5	<p><b>Treasurer report</b> (Marc Hamel):</p> <p><b>Balance to date is \$ 17 139. 53 (all bills paid up to date)</b></p> <p><b>Outstanding Bills: \$ 7500</b> (Sport Factor for High Jump Equipment). We should receive the Invoice soon.</p> <p>To complete the purchase of Track and Field equipment (East Ward), Marc will order new Hurdles (2 lanes) form Sport Factor.   <b>Vote: All approved</b></p>

	- Please pay your registration fees ASAP. Marc will contact schools directly.
6	<b>Past Business</b>
7	<p><b>New Business:</b></p> <p><b>1) School Colors / Game jerseys (following what we have in the LSAA constitution)</b>  - Suggestions were made for schools to try and follow school colors for uniforms. This eliminates the obligations of wearing pennies. Schools may consider to buy reversible uniforms or purchasing pennies with numbers if there is a conflict and can also be use with the 5/6 teams  - Schools can also update their team name and colors in constitution by communicating with the LSAA secretary.</p> <p><b>2) Wards for 5/6 Basketball</b>  - Suggestion was put forward to have an official 5/6 ward tournament for Basketball. This has been tabled to see what happens with a new 3x3 Basketball format for next season. <i>Refer to Basketball section</i></p> <p><b>3) Purchase of LSAA banners (for all 3 wards)</b>  Motion to purchase 3 large LSAA banners (1 per ward) for displaying at venues for the amount of up to \$600.  Dennis, seconded by Ken. (Vote: all in favour). Approved. Marc will proceed with the order.</p> <p><b>4) Website : Motion to Secure site with our web host for LSAA website (Paul) (Vote: all in favour)</b>  Approved.  This will secure our Website by having the little lock on the browser. Minimal cost per year, we just have to activate the function. Paul will proceed with activation of secure site.</p> <p><b>5) Letter to LSAA (Ward Badminton)</b></p> <p><i>Good morning Dennis, Lori and Mark,</i></p> <p><i>I was wondering if anyone has brought to your attention that Ward Badminton and NLSO STEAM Challenge in LLB are on the same day. We will have 25 students in 6-8 going but won't be back in Cold Lake until around 4:30 pm. My staff lead for STEAM contacted Heather Stromquist and she is unable to do anything on her end. Is it possible for our Wards to be moved to the 10th? A small school like our is very likely to have 60-75% crossover in participants for both.</i></p> <p><b>Motion LSAA members voted to move Ward Badminton to Wednesday April 10<sup>th</sup>, 2019. This will accommodate students that participate in both activities. Carried</b></p> <p>Hey Wayne,  We have 13 students who are in our junior curling program, and they all attend Aurora Middle School. I was wondering what needed to be done in order to get Curling into the LSAA.  3 of the 13 will be moving on next year to the high school, but it would be nice to get the league going here.</p> <hr/> <p>Warmest Regards,  Tina Skakun</p>

**LSAA members suggest that if there is an interest in curling, please run it and if possible develop a Policy for the LSAA. This could be presented in the future, voted and added to the LSAA constitution.**

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**Past Events Reports:**

**1)Golf**

- Jason was not present so we'll discuss Golf at our June meeting.

**2) Mountain Bike Race (Marc):**

- 2018 races were a great success as usual and there was a good participation from all wards.
- Marc mentions that 4Wing is restructuring the PMQ areas on base. This could be a problem for the 2019 MTB race if there is still construction in the fall. Marc will keep everyone posted.
- Question was asked about new possible trails developed by the city of Cold Lake. That project seems to be on ice for the moment as the principal organisers moved to Calgary. LSAA will follow any developments and/or progress with this project.

**3) Cross-Country Run (Central Ward) :**

- 2018 XC run was a great success at Muriel Lake in Bonnyville. MD staff were very helpful in accommodation LSAA. Trails were all cut and MD supplied a variety of equipment for the event.
- One complaint form a parent was brought Fwd saying that our Lead Quad was smelly and was not the best idea to have a quad leading racers. This was noted for future races.

**Volleyball**

**7-8-9 League:**

- Comments brought FWD that for districts; it would be better if DrB is not used because of how close is the back line to the wall. Teams had a hard time adjusting when serving. It was very restrictive for some players.
- Suggestion was to possibly use the C2 for hosting Districts in Bonnyville. LSAA could cover the rental fee for the tournament. Try to use schools for Wards and Districts with courts having good space.

**(5/6):**

- Great season in all wards.
- Unfortunate cancelation of league wind-up for central ward. Road

conditions and cold weather made it impossible for travel to Frog Lake.

- For Triple-Ball, comments were made that coaches need to learn the rules prior to playing against other teams. Ex: Toss to your own team, overhand serve must be behind the line, underhand serve can move up, etc.
- LSAA Reps must communicate T-B rules to their coaches.

(9-10):

- Great season with all JV teams.
- Some comments were made questioning why JAWS had 2 teams participating in Districts.
- Because numbers vary so much from year to year, JV league tries to accommodate all teams in order to have a great year-end tournament.
- There was also a discussion asking if JAWS should play in the JV league. Most were positive and would like to accommodate JAWS in a schedule. The only problem is distance between the communities.
- Discussions will continue for next year.

### **Basketball**

**(7-8-9)**

- Shayne suggests that coaches promote the Person 2 Person (P2P). This is better system of play for BB development.
- If we continue to play Zone Defense, technical fouls should be handed out.
- **NOM (Dennis) : 7-8-9 League will play a P2P defense format. Fouls would receive a warning then followed by Technical Foul format.**
- There was mentions that during the final year end tournaments in Cold Lake, some players playing in the B tournament also played in the A tournament. This should be discouraged or pre-approved by the tournament coordinators.

**(5/6)**

- Members suggest that we change our game format to a 3x3 game for 5/6 Basketball for the 2019-2020 season.
- 3x3 format would allow more touches to the ball, shorter games and more team participation.
- Mitch would suggest to set a cap for the number of teams in the 3x3 format.
- Shayne and Andrew will draw up a grades 5/6 3x3 format for the next LSAA meeting (June 2019). Members will have a chance to look over the proposed changes. A NOM could be submitted in June and voted in September 2019.
- Members suggest that for Basketball, it would be very important to have numbered jerseys. (or at least numbered pinnies). It's difficult when playing a P2P system and players have to say "I got the one with the green shoes" etc...
- Frog Lake request that they would now be in a regular rotation for Home and Away games during league play. This will have to be addressed for

next season.

(9-10):

- Good season.
- Always difficult to recruit referees for the season. Officiating is sometimes not available or that some of them are not strong enough. Please try to get better trained officials when you host games. Lori mentions that some of the good refs get bumped up at Sr High levels. This was the case at Districts. Some of the issues with recruiting was and is the abuse of refs during games. Some just do not want to ref because of negative past experiences.
- Dennis: Should we (LSAA) run different clinics such as 3x3, P2P, referee training, etc. Could we get our local specialists such as Shayne to run camps. Fees could be covered by LSAA???
- Shayne discusses the "Learn To Train" coaching clinic. Please email him for more info. (Shayne will forward info)

**Hockey Tournament:** No discussion on this as Dustin was ABS.

**Badminton:**

- Reminder of \$10 fine per scratch if not done prior to 48hr. This will be added to LSAA constitution.
- It is the schools responsibility to replace their scratches and advise the other school if a 3<sup>rd</sup> or 4<sup>th</sup> place player can move up. (Ward scratches – it is up to the school with the scratch to find the next placed player)

**Badminton Wards (Thursday, April 10<sup>th</sup>)** (hosts remember to order your shuttles)

- (Central- Teiha and Stephanie)
- (East – Jason)
- (West – Wayne and Mitch)
- Start time at 4pm

##### Please note that Wards date was changed from the 11<sup>th</sup> to the 10<sup>th</sup> of April, 2019. This was to accommodate the NLS Science fair. #####

Vote: All in favour

**Badminton Districts – Saturday, April 27<sup>th</sup>** hosted by West (JAWS)

5/6 leagues: Each ward will be responsible for their own local wind-up.

	<p>Members requested that we add a <b><i>Host Rotation</i></b> to the LSAA rotation calendar in the Constitution. This is to confirm who gets the 1 extra player for District Badminton.</p> <p><b>Track and Field –</b></p> <ul style="list-style-type: none"> <li>- High jump matt and equipment has been ordered. Hurdles (2 lanes) will be ordered in the next few weeks?</li> <li>- Online Track and Field registration for wards. Elizabeth-Ann from BCHS presented the online registration system. All were in favour to use Trakie-Reg for this T&amp;F season.</li> <li>- If Reps want to add PARA athletes to specific events, please contact your Meet Managers.</li> </ul> <p>(Central - <b>Friday, May 24<sup>th</sup></b>) – was changed due to 4H conflict.  (East - <b>Monday, May 27<sup>th</sup></b>)  (West - <b>Monday, May 27<sup>th</sup></b>)</p> <p><b>Districts – (Tues, June 4<sup>th</sup>)(Central Ward at Walsh Field)</b></p> <p><b>Soft Ball tournament:</b></p> <ul style="list-style-type: none"> <li>- Travis will look into hosting a tournament and will communicate info to members. Possible tournament would be after the Track and Field season.</li> </ul>
9	<p><b>Game Sharing: (members introduce a new game they play at their school)</b></p> <p>Paul – Super Soccer (4 teams and 4 goals in gym)</p> <p>Wayne – Indoor Curling  <a href="http://floorcurl.com/">http://floorcurl.com/</a>  <a href="https://www.youtube.com/watch?v=DGG7bcR8ajk">https://www.youtube.com/watch?v=DGG7bcR8ajk</a></p>
10	<p><b>Information Items:</b></p> <ul style="list-style-type: none"> <li>- Reminder to wear your LSAA T-shirts at events</li> <li>- Please visit the LSAA website for the <b>latest version</b> of the events calendar and important sport specific dates.</li> <li>- Media Coordinator (Elizabeth-Ann): Instagram and Twitter account for LSAA activity promotions. Please FWD pictures and events at :  <a href="mailto:lsaaathleticevents@gmail.com">lsaaathleticevents@gmail.com</a></li> </ul>

	<ul style="list-style-type: none"> <li>- Broom Ball Canada : Laced to the Top program. Free brooms and balls for schools. Please contact Mitch for more info</li> <li>- Lakeland Lacrosse: Please contact Dennis for borrowing Lacrosse Equipment if you want to run a session with your students.</li> </ul>
11	<p><b>Other order of business:</b></p> <p>-</p>
	<p><b>Next meeting: Monday, June 10<sup>th</sup>, 2018 (West) Location: CLHS / Energy Centre at 10am (Cold Lake)</b></p>
13	<p><b>Meeting adjourned: 2:45pm</b></p>